**Sandwich Technique**

**A way to discuss child's negative behavior with their parents How to make the sandwich:**

**• Bottom piece of bread**

Say something **positive** about the child

**• Middle of sandwich — the filling**

**&**

Add **your negative feedback** into the conversation

**• Top piece of bread**

Complete your sandwich and your conversation with a **positive** remark about the child. **Be sure that your positive remark is emphasized.**

Remember:

* Try to maintain a positive working relationship with parents. They  
  are your #1 allies. It is important to end the conversation on a  
  positive note.
* Do not constantly share every negative incident with parents.
* Talk with the parents right away if there is a serious problem and/or  
  one that you are very confused about.
* Brainstorm together with parents to solve problems. Parents can offer  
  important information, support, and advice. It helps children when all  
  of the adults in their lives are "on the same page."

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