They always say time changes things, but you actually have to change them yourself.

Andy Warhol (1928 - 1987), The Philosophy of Andy Warhol

Only I can change my life. No one can do it for me.

Carol Burnett (1936 - )

Change is the constant, the signal for rebirth, the egg of the phoenix.

Christina Baldwin

We all have big changes in our lives that are more or less a second chance.

Harrison Ford (1942 - ), quoted by Garry Jenkins in 'Harrison Ford: Imperfect Hero'

Things do not change; we change.

Henry David Thoreau (1817 - 1862), Walden (1970)

Nothing endures but change.

Heraclitus (540 BC - 480 BC), from Diogenes Laertius, Lives of Eminent Philosophers

It's not that some people have willpower and some don't. It's that some people are ready to change and others are not.

James Gordon, M.D.

Change has a considerable psychological impact on the human mind. To the fearful it is threatening because it means that things may get worse. To the hopeful it is encouraging because things may get better. To the confident it is inspiring because the challenge exists to make things better.

King Whitney Jr.

We did not change as we grew older; we just became more clearly ourselves.

Lynn Hall, Where Have All the Tigers Gone?, 1989

The universe is change; our life is what our thoughts make it.

Marcus Aurelius Antoninus (121 AD - 180 AD), Meditations

Any transition serious enough to alter your definition of self will require not just small adjustments in your way of living and thinking but a full-on metamorphosis.

Martha Beck, O Magazine, Growing Wings, January 2004

The more things change, the more they remain... insane.

Michael Fry and T. Lewis, Over the Hedge, 05-09-04

There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered.

Nelson Mandela (1918 - ), 'A Long Walk to Freedom'

Change your thoughts and you change your world.

Norman Vincent Peale (1898 - 1993)

Turbulence is life force. It is opportunity. Let's love turbulence and use it for change.

Ramsay Clark

This isn't good or bad. It's just the way of things. Nothing stays the same.

Real Live Preacher, RealLivePreacher.com Weblog, January 03, 2004

Nothing in the world is permanent, and we're foolish when we ask anything to last, but surely we're still more foolish not to take delight in it while we have it. If change is of the essence of existence one would have thought it only sensible to make it the premise of our philosophy.

[More than any other time in history, mankind faces a crossroads. One path leads to despair and utter hopelessness. The other, to total extinction. Let us pray we have the wisdom to choose correctly.](http://www.quotationspage.com/quote/48.html)

[**Woody Allen**](http://www.quotationspage.com/quotes/Woody_Allen/) **(1935 - )**, *My Speech to the Graduates*

[Annie Dillard](http://www.wisdomquotes.com/002560.html)**:**

How we spend our days is, of course, how we spend our lives

[Bernice Johnson Reagon](http://www.wisdomquotes.com/003926.html)**:**

Life's challenges are not supposed to paralyze you, they're supposed to help you discover who you are.

[Carl Sandburg](http://www.wisdomquotes.com/001533.html)**:**

Life is like an onion: You peel it off one layer at a time, and sometimes you weep.

[Colette](http://www.wisdomquotes.com/001788.html)**:**

I love my past. I love my present. I'm not ashamed of what I've had, and I'm not sad because I have it no longer.

[Corita Kent](http://www.wisdomquotes.com/002471.html)**:**

Love the moment. Flowers grow out of dark moments. Therefore, each moment is vital. It affects the whole. Life is a succession of such moments and to live each, is to succeed.

[Gary Smalley](http://www.wisdomquotes.com/003930.html)**:**

Lif e is relationships; the rest is just details.

[Henry David Thoreau](http://www.wisdomquotes.com/000596.html)**:**

However mean your life is, meet it and live it: do not shun it and call it hard names. Cultivate poverty like a garden herb, like sage. Do not trouble yourself much to get new things, whether clothes or friends. Things do not change, we change. Sell your clothes and keep your thoughts.